|  |  |
| --- | --- |
| **Mean heart rate** | Description: Mean heart rate (beats per minute) |
| Instrument question: M16 a-c: Reading 1-3 heart rate |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean heart rate (beats per minute)** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | mean | 95% CI | n | mean | 95% CI | n | mean | 95% CI |
| 18-29 | 266 | 74.7 | 72.2 - 77.2 | 240 | 81.9 | 79.1 - 84.8 | 506 | 78.8 | 76.8 - 80.9 |
| 30-44 | 471 | 77.3 | 74.4 - 80.2 | 503 | 80.3 | 78.2 - 82.5 | 974 | 79.1 | 77.4 - 80.8 |
| 45-59 | 444 | 78.1 | 74.0 - 82.1 | 480 | 78.1 | 76.2 - 80.0 | 924 | 78.1 | 75.8 - 80.4 |
| 60-69 | 297 | 73.9 | 71.6 - 76.2 | 303 | 78.2 | 74.0 - 82.3 | 600 | 76.4 | 73.8 - 78.9 |
| **Total** | **1478** | **76.4** | **74.7 - 78.1** | **1526** | **80.1** | **78.7 - 81.4** | **3004** | **78.4** | **77.3 - 79.6** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 443 | 76.8 | 73.8 - 79.7 | 449 | 80.2 | 77.9 - 82.5 | 892 | 78.7 | 76.7 - 80.7 |
| Urban | 1035 | 76.0 | 74.2 - 77.9 | 1077 | 79.9 | 78.5 - 81.3 | 2112 | 78.2 | 77.0 - 79.4 |